

A Little Known Healthcare Procedure is Stopping Migraine Headaches & Many Other Chronic Pain Conditions Forever!



By Dr. Brett Gottlieb, D.C.

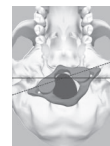
Nucca is a procedure that can stop your migraine headaches forever because it eliminates the root cause. This cause is a blockage that occurs in where the head joins the top of the spine. This blockage is disrupting the function of the autonomic nervous system, which controls blood flow throughout the brain and body. This blockage can drop serotonin levels. Low serotonin levels are found in people who suffer from migraine headaches. The trigeminal nerve is located in the brainstem as well. This is the 5th cranial nerve and is thought to play a role in causing migraine headaches.

What exactly is causing this blockage? It is called the Atlas Subluxation Com-

plex. But you won't hear your medical doctor mention this as a possible cause of your migraine headaches. Why would your medical doctor not know about this? Unfortunately, there is not enough research out there yet for medical doctors to feel confident about this as a cause for migraine headaches. The research will come in time but usually lags behind what doctors see clinically everyday in their practices. You can wait for the research to catch up but that could be years from now. I suggest you at least keep an open mind about what I am telling you.

What is this Atlas Subluxation Complex? The atlas vertebrae is the top most vertebrae of the cervical spine.

The skull or head sits on this vertebrae. There is a hole in the bottom of the skull that connects with a hole at the top of the spine. The hole is formed by the donut shaped bone called the atlas or C-1 vertebrae. The hole in the bottom of the skull must match up with the hole in the top of the spine exactly. Unfortunately, because the atlas has to support a 12-14 lb head while being the most moveable vertebrae in the entire spine it is subject to misalignment. Accidents and injuries such as falls and auto accidents can definitely cause this bone to misalign, however, bad posture, the birthing process, even seemingly trivial micro traumas like bumping your head on the door frame while getting out of your car can cause this bone to misalign.



When the atlas vertebrae first misaligns you may not even notice. However, once it does misalign if the muscles are unable to pull it back into proper position, the atlas will continue to stay misaligned and most likely worsen over time. Migraine symptoms may occur slowly or just appear suddenly out of nowhere. The brainstem has trillions of nerve fibers running through it. As more fibers are affected migraine symptom development is more likely.

NUCCA is a procedure specifically developed to re-align the atlas vertebrae. It is very precise utilizing state-of-the-art technology to pinpoint exactly the direction that the atlas needs to be moved to realign it perfectly. Perfect realignment is

absolutely essential for getting rid of symptoms such as migraines.

I invite you to visit my website at www.painfreelife.net for further details on what it is that I do. Also, you can visit nucca.org for more information. You are also welcome to call my office for a consultation and exam to determine if your atlas is out of alignment. My office phone number is 916-965-7155. If you call and make an appointment by 12/15/09 your visit to my office will be free. ☺

"Who does not thank
for little will not
thank for much."

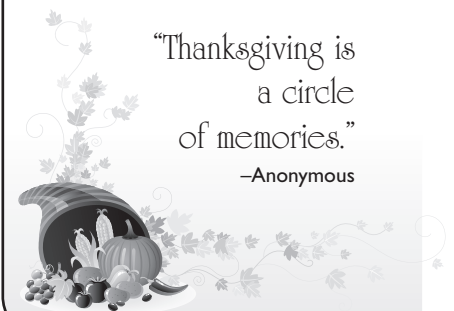
—Estonian proverb

"Thanksgiving Day
comes, by statute,
once a year; to the
honest man it comes
as frequently as the
heart of gratitude
will allow."

—Edward Sandford Martin

"Thanksgiving is
a circle
of memories."

—Anonymous



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- Lower Back Pain
- Allergies
- Migraine Headaches
- Trigeminal Neuralgia
- Digestive Problems
- Arthritis
- Neck Pain
- Ear Infections
- ADD/ADHD
- Fatigue

Call Dr. Brett Gottlieb at (916) 965-7155 to schedule your **FREE CONSULTATION & EXAM** today!

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